WORLD KINDNESS DAY

What can you do to show a little kindness today?

- SAY KIND WORDS TO YOURSELF
- SAY KIND WORDS TO SOMEONE
- BE A GOOD LISTENER
- GIVE YOUR BEST EFFORT
- BE FRIENDLY AND GENEROUS
- ENCOURAGE SOMEONE
- FIND SOMETHING THAT BRINGS JOY
- GIVE A COMPLIMENT TO A FRIEND
- OFFER YOUR HELP

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